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Liz Aram

Communications consultant and trustee for Mind.

I hope that Fast Train Approaching will be a tool that can be used to help erode the stigma that continues to surround mental illness for such illness is no respecter of persons! It can happen to any one of us at any time. **Jenny Bloomer, Psychotherapist.**



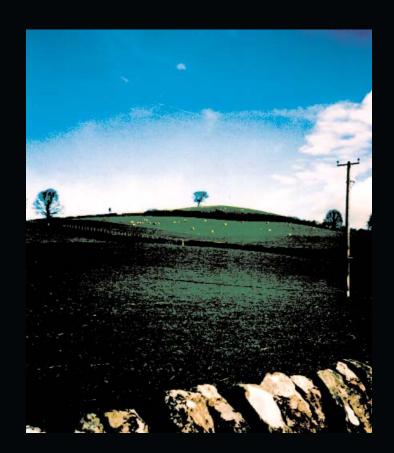
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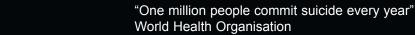
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Breaking Away From Breaking Down



STEVE WALTER





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